

Horizons Curriculum

In Horizons we follow the National Curriculum. Every day the children are taught;

- English
- Maths
- Phonics
- PSHCE
- Social Skills

Every week the children are taught;

- Science
- History/Geography
- Computing
- Art/DT
- Music
- PE
- RE
- French

The curriculum is adapted to meet the needs of all the children in Horizons. We have a highly skilled team with a wealth of knowledge and experience to support the children.

Every child has a Personal Education Plan (PEP) with achievable targets on to help them reach their full potential, both academically and with their SEMH needs.

Zones of Regulation

At Holybrook we follow the 'Zones of Regulation' intervention, alongside the National Curriculum, to help children develop skills in the area of self regulation.

We support the children to recognise what zone they are in and give them strategies of how to stay or change from a particular zone. It is a vital tool to help children recognise and control their emotions.

Our different rooms in Horizons are clearly labelled in different zone colours/areas. The children are taught to recognise what zone they are feeling. We are very lucky that if they are in yellow, blue or red zone, we have the appropriate room for them to access, to help them get back into green zone!

